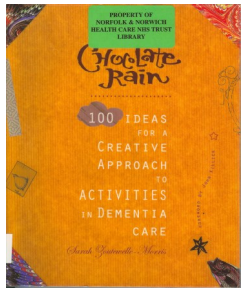
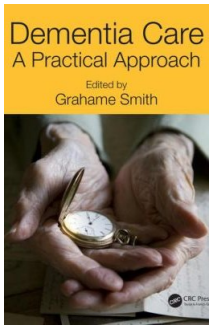



**Chocolate Rain: 100 ideas for a creative approach to activities in Dementia Care**

by Sarah Zoutewelle Morris (WM 220)

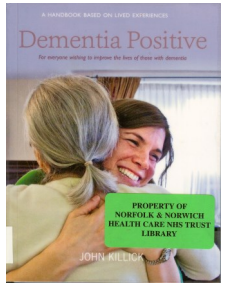
A manual for caregivers which is full of ideas for creative activities to reach and engage with people with Dementia.




**Dementia care: a practical approach**

by Grahame Smith (WM 220)

Covering various dementia strategies, this provides a clear vision of dementia care delivered with hope and compassion. This book emphasises sustainable strategies; its content is underpinned by relevant policies with links to research evidence and the voices of those living with dementia.




**Dementia positive: a handbook based on lived experiences**

by John Killick (WM 220)

This is a thought-provoking book which challenges our assumptions about dementia. The author shares the views of many of the people he has encountered during two decades of working as a writer with people with dementia, their carers and friends.

**Remembering yesterday, caring today: reminiscence in dementia care**

by Pam Schweitzer and Errollyn Bruce (WT 155)

This practical guide is designed to give those who care for people with dementia a clear sense of how reminiscence can be used to improve the quality of life of people with dementia by stimulating communications and promoting confidence and self-worth.

Norfolk and Norwich University Hospitals NHS
NHS Foundation Trust

# The Sir Thomas Browne Library

## A selection of books about Dementia And Alzheimer's Disease

To borrow a book from this collection contact
The Sir Thomas Browne Library

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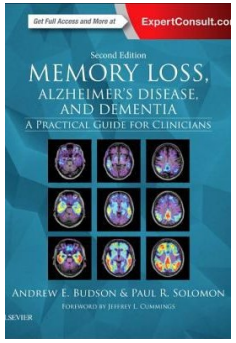
Email: library@nnuh.nhs.uk

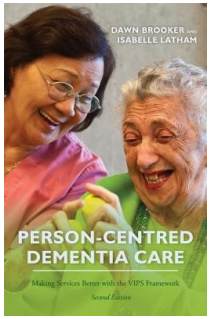
Phone: 01603 286893 (internal ext. 2893)




**Memory loss, alzheimer's disease, and dementia : a practical guide for clinicians**

by Andrew E. Budson (WM 220)

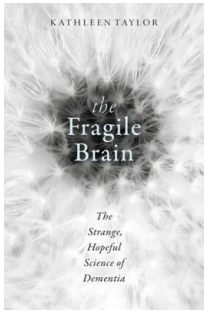
Memory Loss combines expert guidance, case studies and diagnostic tests to aid effectively diagnosis of Alzheimer's disease and other common dementias. The essentials of physical and cognitive examinations, laboratory and imaging studies and the latest treatment approaches are covered.




**Person-centred dementia care : making services better with the VIPS framework**

by Dawn Brooker (WM 220)

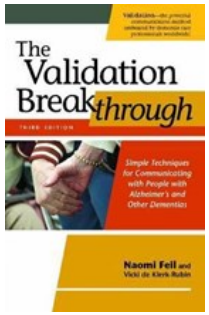
The author explains the evolution of the key principles of person-centred care that comprise the VIPS model. She describes how they have been applied in diverse service settings and shows how to put the model into practice.




**The fragile brain : the strange, hopeful science of dementia**

by Kathleen E. Taylor (WM 220)

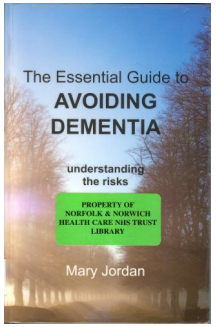
This book is about knowing the enemy. Interweaving the science of neurodegenerative diseases with accounts of the effects such illnesses can cause to sufferers and their carers, this is both an account of current research and a very personal study.




**The validation breakthrough : simple techniques for communicating with people with Alzheimer's and other dementias**

by Naomi Feil (WT 155)

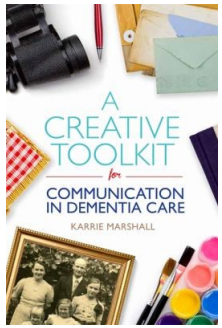
Validation is a practical way of communicating with and managing problem behaviour in older adults with Alzheimer's-type dementia. It helps reduce stress, enhance dignity, and increase happiness.




**The essential guide to avoiding dementia**

by Mary Jordan (WM 220)

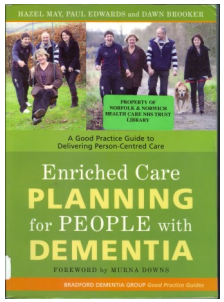
This book looks at the wide range of research papers available and highlights current opinion about the causes of dementia. It also sets out the evidence so that readers can judge for themselves which actions may be worth taking.




**A creative toolkit for communication in dementia care**

by Karrie Marsh (WM 220)

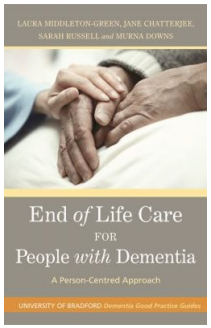
A varied toolkit of tried and tested creative activities to support communication and relationships. End of life care for people with dementia is also covered, explaining how emotional support can be provided as well as the legal importance of power of attorney.




**Enriched care planning for people with dementia: a good practice guide to delivering person-centred care**

by Hazel May, Paul Edwards and Dawn Brooker (WM 220)

With an emphasis on the importance of an individual and inclusive approach in dementia care, this offers practical steps for improving the quality of physical, social and psychological support for the person through their day to day experiences of living with dementia.




**End of life care for people with dementia: a person-centred approach**

by Laura Middleton-Green (WM 220)

This book describes how to ensure maximum quality of life for those in the final stages of the illness, and also how to support those involved in caring for them.